



## NUTRITION AND SUPPLEMENT FACTS

### Antioxidants

Serving Size 3 Capsules, Servings Per Container 30, Vitamin A (as beta carotene) 15,000IU (300% DV), Vitamin A (as palmitate) 5,000IU (100% DV), Vitamin C (as calcium ascorbate) (Ester C®) 500mg (833% DV), Vitamin E (d-alpha tocopheryl succinate) 240IU (800% DV), Calcium (as calcium ascorbate) (Ester C®) 50mg (5% DV), Selenium (amino acid chelate) 70mcg (100% DV), Ellagic acid (from Pomegranate fruit extract (*Punica granatum*) and Red Raspberry extract (*Rubus idaeus*) 100mg, Green Tea leaf extract (*Camellia sinensis*) (containing 50% polyphenols) 60mg, Bilberry berry extract (*Vaccinium myrtillus*) 50mg, Grape seed extract (*Vitis vinifera*) (containing 95% polyphenols) 50mg, Lutein (from 5% Marigold flower extract (*Calendula officinalis*)) 50mg, Milk Thistle leaf extract (containing 80% silymarin) (*Silybum marianum*) 50mg, N-Acetyl Cysteine 50mg, Watermelon fruit extract (*Citrullus lanatus*) 50mg, Coenzyme Q10 (ubiquinone) 30mg, Brahmi extract (containing 20% bacopasides) (*Bacopa monniera*) 25mg, IsaLyte® trace minerals 25mg, Lycopene (from 1% Tomato fruit extract (*Lycopersicon esculentum*)) 25 mg, L-Glutathione 25mg, Alpha Lipoic Acid 20mg, L-Carnosine 15mg.

**Ingredients**—Vegetable capsule, silica.

### Cleanse for Life™—Natural Berry

Serving Size 4 fl. oz., Servings per Container 8, **Calories per serving** 40, **Sodium** 45 mg. (2% DV), **Potassium** 70mg (2% DV), **Total Carbohydrate** 10g (4% DV), Dietary Fiber 1g (4% DV), Sugars 8g, Other Carbohydrate 1g, Vitamin B3 (niacin) 7.5mg (37.5% DV), Vitamin B6 (pyridoxine) 8 mg (400% DV), Vitamin B12 (cobalamin) 30 mcg (500% DV).

**Proprietary Blend 100 ml**—Aloe vera leaf gel (inner-heart file), IsaLyte® trace minerals, Pau d'Arco inner bark (*Tabebuia heptaphylla*), Suma root (*Pfaffia paniculata*), Eleutherococcus senticosus root extract, Burdock root (*Arctium lappa*), Fennel seed (*Foeniculum vulgare*), Peppermint leaf (*Mentha piperita*), Licorice root (*Glycyrrhiza glabra*), choline bitartrate, inositol, betaine HCl, l-methionine.

**Ingredients**—R.O. water, natural berry flavor (blueberry, raspberry, blackberry), fructose, Xanthan Gum (fermented by *Xanthomonas campestris*), citric acid, tartaric acid, potassium sorbate/sodium benzoate (as a preservative).

### Cleanse for Life™—Tropical Paradise

Serving Size 4 fl. oz., Servings per Container 8, **Calories per serving** 40, **Sodium** 45 mg. (2% DV), **Potassium** 70mg (2% DV), **Total Carbohydrate** 10g (4% DV), Dietary Fiber 1g (4% DV), Sugars 8g, Other Carbohydrate 1g, Vitamin B3 (niacin) 7.5mg (37.5% DV), Vitamin B6 (pyridoxine) 8 mg (400% DV), Vitamin B12 (cobalamin) 30 mcg (500% DV).

**Proprietary Blend 100 ml**—Aloe vera leaf gel (inner-heart file), IsaLyte® trace minerals, Pau d'Arco inner bark (*Tabebuia heptaphylla*), Suma root (*Pfaffia paniculata*), Eleutherococcus senticosus root extract, Burdock root (*Arctium lappa*), Fennel seed (*Foeniculum vulgare*), Peppermint leaf (*Mentha piperita*), Licorice root (*Glycyrrhiza glabra*), choline bitartrate, inositol, betaine HCl, l-methionine.

**Ingredients**—R.O. water, natural fruit flavors (mango, passion fruit, orange), fructose, Xanthan Gum (fermented by *Xanthomonas campestris*), citric acid, tartaric acid, potassium sorbate/sodium benzoate (as a preservative).

### Essentials for Men™

Serving Size 4 Capsules, Vitamin D3 (cholecalciferol) 400IU (100% DV), Thiamin (vitamin B1) 30mg (2000% DV), Riboflavin (vitamin B2) 34mg (2000% DV), Niacin 25mg (125% DV), Vitamin B6 (pyridoxine hydrochloride) 40mg (2000% DV), Folate (as folic acid) 400mcg 100%, Vitamin B12 (as cyanocobalamin) 300mcg (5000% DV), Biotin 300mcg (100% DV), Pantothenic Acid (from dicalcium pantothenate) 80mg (800% DV), Calcium (as citrate, carbonate) 250mg (25% DV), Iodine (as kelp) 150mcg (100% DV), Magnesium (as citrate, amino acid chelate, oxide) 400mg (100% DV), Zinc (as carbonate, amino acid chelate) 50mg (330% DV), Copper (as amino acid chelate) 2mg (100% DV), Manganese Chelazome® (amino acid chelate) 2mg (100% DV), Chromium (amino acid chelate) 120mcg (100% DV), Molybdenum (amino acid chelate) 75mcg (100% DV).

**Proprietary Blend 1337 mg**—Horsetail plant (*Equisetum arvense*), Saw Palmetto berry extract (*Serenoa repens*), Bamboo stem gum (*Bambusa vulgaris*), Ashwagandha root extract (*Withania somnifera*), vitamin P (citrus bioflavonoids, rutin, hesperidin), Schizandra berry extract (*Schizandra chinensis*), Fenugreek seed extract (*Trigonella foenum-graecum*), Pumpkin seed extract (*Cucurbita pepo*), IsaLyte® trace minerals, Red Clover flower extract (*Trifolium pratense*), bromelain from Pineapple (*Ananas comosus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain from Papaya (*Carica papaya*), alpha amylase (from *Bacillus subtilis*), acid-stable protease (from *Aspergillus niger*), choline bitartrate, inositol NF, para-aminobenzoic acid (PABA), beta sitosterol, Royal Jelly powder from honey bee (*Apis mellifera* L.), vegetable juice powder (contains one or more of the following: Barley, Alfalfa, Carrot, Broccoli, Tomato, Cucumber, Kale, Spinach, Wheat Grass, Parsley, Cabbage, Celery, Cauliflower, Red Beet, Green Bell Pepper, Brussel Sprouts, Asparagus, Onion, Ginger root extract, Garlic juices), Spirulina (*Arthrospira plantensis*), vanadium chelate.

**Ingredients**—Vegetable capsule, silica.



## Essentials for Women™

Serving Size 5 Capsules, Vitamin D3 (cholecalciferol) 400IU (100% DV), Thiamin (vitamin B1) 30mg (2000% DV), Riboflavin (vitamin B2) 34mg (2000% DV), Niacin 20mg (100% DV), Vitamin B6 (pyridoxine hydrochloride) 40mg (2000% DV), Folate (as folic acid) 800mcg (200% DV), Vitamin B12 (as cyanocobalamin) 300mcg (5000% DV), Biotin 300mcg (100% DV), Pantothenic Acid (from dicalcium pantothenate) 80mg (800% DV), Calcium (as citrate, carbonate) 775mg (77% DV), Iodine (as kelp) 150mcg (100% DV), Magnesium (as citrate, amino acid chelate, oxide) 400mg (100% DV), Zinc (as carbonate, amino acid chelate) 15mg (100% DV), Copper (as amino acid chelate) 2mg (100% DV), Manganese Chelazome® (amino acid chelate) 2mg (100% DV), Chromium (amino acid chelate) 120mcg (100% DV), Molybdenum (amino acid chelate) 75mcg (100% DV).

**Proprietary Blend 1095 mg**—Horsetail plant (*Equisetum arvense*), Vegetable juice (contains one or more of the following: Barley, Alfalfa, Carrot, Broccoli, Tomato, Cucumber, Kale, Spinach, Wheat Grass, Parsley, Cabbage, Celery, Cauliflower, Red Beet, Green Bell Pepper, Brussel Sprouts, Asparagus, Onion, Ginger root extract, Garlic juices), vitamin P (citrus bioflavonoids, rutin, hesperidin), IsaLyte® trace minerals, Ashwagandha root extract (*Withania somnifera*), Bamboo stem gum (*Bambusa vulgaris*), Schizandra berry extract (*Schizandra chinensis*), choline bitartrate, inositol NF, para-aminobenzoic acid (PABA), Royal Jelly from honey bee (*Apis mellifera*), Wild Yam root (*Dioscorea villosa*), Fennel seed extract (*Foeniculum vulgare*), Damiana leaf extract (*Turnera aphrodisiaca*), Red Raspberry leaf extract (*Rubus idaeus*), Red Clover top flower extract (*Trifolium pratense*), bromelain from Pineapple (*Ananas comosus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain from Papaya (*Carica papaya*), alpha amylase (from *Bacillus subtilis*), acid stable protease (from *Aspergillus niger*), Fenugreek seed extract (*Trigonella foenum-graecum*), Dong Quai root extract (*Angelica sinensis*), Violet leaf extract (*Viola odorata*), Uva-ursi leaf (*Arctostaphylos uva-ursi*), Ladies Mantle leaf (*Alchemilla mollis*), Spirulina (*Arthrospira plantensis*), vanadium chelate.

**Ingredients**—Vegetable capsule, silica.

## Ionix® Supreme

Serving Size 1 fl. oz. (30ml), Servings per Container 32 **Calories per serving 32, Total Carbohydrate 8g (3% DV)**, Sugars (black strap molasses) 6g, Vitamin B1 (thiamin) 3mg (200% DV), Vitamin B2 (riboflavin) 4mg (235% DV), Niacin 8mg (40% DV), Vitamin B6 (pyridoxine HCl) 6mg (300% DV), Folic Acid 100mcg (25% DV), Vitamin B12 (cyanocobalamin) 120mcg (2000% DV), Zinc (zinc oxide) 5mg (33% DV).

**Proprietary Blend**—22ml—Wolfberry berry extract (*Lycium barbarum*), Sorrel flower buds extract (*Hibiscus sabdariffa*), Velvet bean extract [20% L-dopa] (*Mucuna sp.*), methylsulfonylmethane (MSM), Siberian Golden root extract (*Rhodiola rosea*), Georgian Snow Rose leaves/stems extract (*Rhododendron caucasicum*), Ashwagandha root extract (*Withania somnifera*), Schizandra berry extract (*Schizandra chinensis*), Puncture vine fruit extract (*Tribulus terrestris*), Maca root extract (*Lepidium meyenii*), Nepali Shilajit extract, Bamboo stem extract (*Bambusa sp.*), IsaLyte® trace minerals, Brahmi whole plant extract (*Bacopa monniera*), Harada fruit extract [45% tannins] (*Terminalia chebula*), *Eleutherococcus senticosus* root extract, alpha-lipoic acid, betaine HCl, Amla berry extract (*Emblica myrobalan*), Blueberry leaf extract (*Vaccinium sp.*), Ginger root extract (*Zingiber officinale*), Hibiscus flower extract (*Hibiscus sp.*), Kiwi fruit juice (*Actinidia deliciosa*), Blueberry berry Juice extract (*Vaccinium myrtillus*), Watermelon fruit juice (*Citrullus lanatus*).

## IsaLean® Shake—French Vanilla

Serving Size 2 scoops (2.15 oz.) 61g, Servings per Container 14, **Calories per serving 240**, Calories from Fat 40, Calories from Saturated Fat 25, **Total Fat 5g (7% DV)**, Saturated Fat 3g (14% DV), Trans Fat 0g (0% DV), Polyunsaturated Fat 1g, Monounsaturated Fat 1g, **Cholesterol 35mg (11% DV)**, **Sodium 200mg (8% DV)**, **Potassium 300mg (9% DV)**, **Total Carbohydrate 28g (9% DV)**, Dietary Fiber 7g (28% DV), Sugars 14g, **Protein 23g**, Vitamin A (50% DV), Vitamin C (40% DV), Calcium (30% DV), Iron (4% DV), Vitamin D (80% DV), Vitamin E (35% DV), Thiamin (60% DV), Riboflavin (70% DV), Niacin (45% DV), Vitamin B6 (70% DV), Folate (80% DV), Vitamin B12 (200% DV), Biotin (45% DV), Pantothenic Acid (40% DV), Phosphorus (30% DV), Iodine (40% DV), Magnesium (30% DV), Zinc (40% DV), Selenium (40% DV), Copper (35% DV), Manganese (50% DV), Chromium (80% DV), Molybdenum (60% DV).

**Ingredients**—Whey protein concentrate (undenatured), Calcium caseinate (undenatured), Vanilla bean (*Vanilla planifolia*), low-heat nonfat dry milk, natural fructose, alpha-linolenic acid from ALA-stabilized Flax seed (*Linum usitatissimum*), esters of fatty acids (vegetable mono- and di-glycerides), soluble fiber, Olive oil powder, natural flavors, Honey, Cinnamon bark (*Cinnamomum zelanicum*, *C. cassia*), Xanthan Gum (fermented by *Xanthomonas campestris*), Guar Gum bean (*Cyamopsis tetragonoloba*), tricalcium phosphate, magnesium (oxide and citrate), IsaLyte® trace minerals, soy lecithin, potassium citrate, Yucca root (*Yucca baccata*, *Y. glauca*), *Lactobacillus acidophilus*, Psyllium seed (*Plantago psyllium*), niacin, zinc oxide, vitamin C (ascorbic acid), Copper Chelazome® (amino acid chelate), vitamin A (beta carotene), vitamin E (succinate), vitamin B5 (pantothenic acid), bromelain (from *Ananas comosus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain (*Carica papaya*), alpha amylase (from *Bacillus subtilis*) acid-stable protease (*Aspergillus niger*), biotin, selenium (amino acid chelate), iodine (amino acid chelate), vitamin D3 (cholecalciferol), Manganese Chelazome® (amino acid chelate), vitamin B2 (riboflavin), vitamin B1 (thiamin), vitamin B6 (pyridoxine HCl), Folate (folic acid), Chromium Chelavite® (amino acid chelate), molybdenum (amino acid chelate), vitamin B12 (cyanocobalamin).

**Amino Acids**—Alanine 788 mg, Arginine 637 mg, Aspartic Acid 1,794 mg, Cystine 181 mg, Cystine 181 mg, Glutamic Acid 3,709 mg, Glycine 426 mg, Histidine 532 mg, Hydroxyproline 1 mg, Isoleucine 1,179 mg, Leucine 1,983 mg, Lysine 1,683 mg, Methionine 456 mg, Phenylalanine 818 mg, Proline 1,474 mg, Serine 1,112 mg, Threonine 1,104 mg, Tryptophan 356 mg, Tyrosine 765 mg, Valine 1,263 mg, Other Amino Acids 3,061 mg.



## IsaLean® Shake—Rich Chocolate

Serving Size 2 scoops (2.15 oz.) 61g, Servings per Container 14, **Calories per serving** 231, Calories from Fat 50, Calories from Saturated Fat 35, **Total Fat** 6g 9%, Saturated Fat 4g 19%, Trans Fat 0g 0%, Polyunsaturated Fat 1g, Monounsaturated Fat 1g, **Cholesterol** 30mg 10%, **Sodium** 200mg 8%, **Potassium** 480mg 14%, **Total Carbohydrate** 28g 9%, Dietary Fiber 7g 28%, Sugars 14g, **Protein** 23g, Vitamin A 50%, Vitamin C 40%, Calcium 30%, Iron 10%, Vitamin D 80%, Vitamin E 35%, Thiamin 60%, Riboflavin 70%, Niacin 45%, Vitamin B6, 70% Folate 80%, Vitamin B12 200%, Biotin 45%, Pantothenic Acid 40%, Phosphorus 35%, Iodine 40%, Magnesium 34%, Zinc 45%, Selenium 40%, Copper 50%, Manganese 60%, Chromium 80%, Molybdenum 60%.

**Ingredients**—Whey protein concentrate (undenatured), Calcium caseinate (undenatured), low-heat nonfat dry milk, natural fructose, Cocoa bean (Theobroma cacao), esters of fatty acids (vegetable mono- and di-glycerides), alpha-linolenic acid from ALA-stabilized Flax seed (Linum usitatissimum), Honey, Olive oil powder, soluble fiber, Vanilla bean (Vanilla planifolia), Cinnamon bark (Cinnamomum zelanicum, C. cassia), natural flavors, Xanthan gum (fermented by Xanthomonas campestris), Guar gum bean (Cyamopsis tetragonoloba), tricalcium phosphate, magnesium oxide, IsaLyte® trace minerals, soy lecithin, potassium citrate, Yucca root (Yucca baccata, Y. glauca), Lactobacillus acidophilus, Psyllium seed (Plantago psyllium), niacin, zinc oxide, vitamin C (ascorbic acid), Copper Chelazome® (amino acid chelate), magnesium citrate, vitamin A (beta carotene), vitamin E (succinate), vitamin B5 (pantothenic acid), bromelain (from Ananas comomus), lactase (from Aspergillus oryzae), lipase (from Rhizopus oryzae), cellulase (from Trichoderma longibrachiatum), protease (from Aspergillus oryzae), papain (from Carica papaya), alpha amylase (from Bacillus subtilis), acid-stable protease (Aspergillus niger), biotin, selenium (amino acid chelate), iodine (amino acid chelate), vitamin D3 (cholecalciferol), Manganese Chelazome® (amino acid chelate), vitamin B2 (riboflavin), vitamin B1 (thiamin), vitamin B6 (pyridoxine HCl), Folate (folic acid), Chromium Chelavite® (amino acid chelate), molybdenum (amino acid chelate), vitamin B12 (cyanocobalamin).

**Amino Acids**—Alanine 794 mg, Arginine 663 mg, Aspartic Acid 1,796 mg, Cystine 182 mg, Glutamic Acid 3,670 mg, Glycine 453 mg, Histidine 519 mg, Hydroxyproline 1 mg, Isoleucine 1,153 mg, Leucine 1,933 mg, Lysine 1,640 mg, Methionine 441 mg, Phenylalanine 826 mg, Proline 1,438 mg, Serine 1,094 mg, Threonine 1,079 mg, Tryptophan 352 mg, Tyrosine 763 mg, Valine 1,258 mg, Other Amino Acids 2,944 mg.

## IsaOmega Supreme™

Serving Size 2 Softgels, Servings Per Container 30, **Calories per serving** 20, Calories from Fat 20, **Total Fat** 2 g. (3% DV), Vitamin E (as d-alpha tocopherol) 10 IU (33% DV), IsaOmega Supreme™ Concentrate 2,040 mg, Total Omega-3 Fatty Acids 1,200 mg, EPA (Eicosapentaenoic Acid) 600 mg, DHA (Docosahexaenoic Acid) 480 mg, Other Omega-3 Fatty Acids 120 mg.

**IsaOmega Proprietary 5 6 9 Complex 220 mg**—Pomegranate seed oil (70% Omega 5), Evening Primrose seed oil (8% omega-6 GLA), Borage seed oil (15% omega-9), Organic Flax seed oil.

**Ingredients**—Softgel (gelatin, glycerin and water) and IsaOmega Natural Antioxidant Complex (d-alpha and natural tocopherols, rosemary extract and ascorbyl palmitate) and natural lemon flavor. Contains vitamin E derived from refined soybean oil.

## IsaPro®

Serving Size 1 scoop (1/4 cup) 23g, Servings per Container 30, **Calories per serving** 100, Calories from Fat 10, Calories from Saturated Fat 10, **Total Fat** 1.5g (2% DV), Saturated Fat 1g (4% DV), Trans Fat 0g, Polyunsaturated Fat 0g, Monounsaturated Fat 0g, **Cholesterol** 55mg (18% DV), **Sodium** 200mg (8% DV), **Potassium** 115mg (3% DV), **Total Carbohydrate** 2g (1% DV), Sugars 1g, **Protein** 18g, Vitamin C (2% DV), Calcium (5% DV), Iron (2% DV), Thiamin (10% DV), Riboflavin (45% DV), Vitamin B6 (8% DV), Vitamin B12 (30% DV), Phosphorus (8% DV), Magnesium (4% DV).

**Ingredients**—Whey protein concentrate (undenatured), IsaLyte® trace minerals. **Amino Acids**—Alanine 794 mg, Arginine 381 mg, Aspartic Acid 1,737 mg, Cystine 199 mg, Glutamic Acid 2,978 mg, Glycine 364 mg, Histidine 282 mg, Hydroxyproline 1 mg, Isoleucine 1,059 mg, Leucine 1,721 mg, Lysine 1,522 mg, Methionine 298 mg, Phenylalanine 529 mg, Proline 1,042 mg, Serine 860 mg, Threonine 1,059 mg, Tryptophan 347 mg, Tyrosine 397 mg, Valine 976 mg, Other Amino Acids 1,454 mg.

## Natural Accelerator

Serving Size 1 Capsule, Serving Per Container 60, Niacin 12mg (60% DV), Chromium (Chelavite®, amino acid chelate) 75mcg (62% DV).

**Proprietary Blend 507mg**—Apple cider vinegar, Green Tea leaf extract (Camellia sinensis), alpha-lipoic acid, Cayenne pepper fruit (Capsicum annuum), Pau d' Arco inner-bark extract (Tabebuia heptaphylla), Cinnamon dried bark (Cinnamomum zeylanicum, C. cassia), White Willow bark (Salix alba), IsaLyte® trace minerals, Eleutherococcus senticosus root extract, American Ginseng root (Panax quinquefolium), Royal Jelly extract (Apis mellifera), Yucca root (Yucca baccata, Y. glauca), inosine, octacosanol, inositol, betaine HCl, l-methionine, choline bitartrate.

**Ingredients**—Vegetable capsule and silica.

## Snacks!™—Vanilla

Serving Size 2 Chewable Wafers 7g, Servings per Container 30, **Calories Per Serving** 30, Calories from Fat 0, Calories from Saturated Fat 0, **Total Fat** 0g (0% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Polyunsaturated Fat 0g, Monounsaturated Fat 0g, **Cholesterol** 5mg (1% DV), **Sodium** 25mg (1% DV), **Potassium** 40mg (1% DV), **Total Carbohydrate** 4g (1% DV), Sugars 3g, **Protein** 2g (4% DV), Calcium (3% DV), Riboflavin (4% DV), Chromium (20% DV).

**Ingredients**—Natural fructose, low-heat nonfat milk, whey protein concentrate (undenatured), calcium caseinate (undenatured), soy lecithin, natural flavors, alpha-linolenic acid from ALA-stabilized Flax seed (Linum usitatissimum), silica, IsaLyte® trace minerals, choline bitartrate, betaine HCl, l-methionine, Chromium Chelavite® (amino acid chelate).



## Snacks!™—Chocolate

Serving Size 2 Chewable Wafers 7g, Servings per Container 30, **Calories Per Serving** 25, Calories from Fat 0, Calories from Saturated Fat 0, **Total Fat** 0g (0% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Polyunsaturated Fat 0g, Monounsaturated Fat 0g, **Cholesterol** 5mg (1% DV), **Sodium** 25mg (1% DV), **Potassium** 40mg (1% DV), **Total Carbohydrate** 4g (1% DV), Sugars 3g, **Protein** 2g (4% DV), Calcium (3% DV), Riboflavin (4% DV), Vitamin B12 (2% DV), Phosphorus (6% DV), Magnesium (2% DV), Chromium (20% DV).

**Ingredients**—Natural fructose, low-heat nonfat milk, whey protein concentrate (undenatured), soy lecithin, natural flavors, calcium caseinate (undenatured), cocoa bean (Theobroma cacao), Vanilla bean (Vanilla planifolia), alpha-linolenic acid from ALA-stabilized Flax seed (Linum usitatissimum), silica, IsaLyte® trace minerals, choline bitartrate, betaine HCl, l-methionine, Chromium Chelavite® (amino acid chelate).

## Want More Energy®—Citrus

Serving Size 1½ tsp. (10g) (makes 8 fl. oz), Servings per Container 45, **Calories per Serving** 35, Calories from Fat 0, Calories from Saturated Fat 0, **Total Fat** 0g (0% DV), Saturated Fat 0g (0%), Trans Fat 0g (0% DV), **Cholesterol** 0mg (0% DV), **Sodium** 20mg (1% DV), **Potassium** 95mg (3% DV), **Total Carbohydrate** 8g (3% DV), Dietary Fiber 0g (0% DV), Sugars 7g, **Protein** 0g (0% DV), Vitamin A (8% DV), Vitamin C (160% DV), Thiamin (35% DV), Riboflavin (35% DV), Niacin (50% DV), Vitamin B6 (35% DV), Folate (35% DV), Vitamin B12 (3,330% DV), Biotin (15% DV), Pantothenic Acid (160% DV), Zinc (35% DV).

**Ingredients**—Fructose, natural flavors (lemon, lime and orange), honey, dextrose (glucose), citric acid, tartaric acid, potassium citrate, IsaLyte® trace minerals, choline bitartrate, tyrosine, vitamin C (ascorbic acid), sodium chloride, glycine, inositol, vitamin B5 (dicalcium pantothenate), niacin, betaine HCl, zinc oxide, vitamin A (palmitate), vitamin B6 (pyridoxine HCl), vitamin B2 (riboflavin), vitamin B1 (thiamin HCl), biotin, folate (folic acid), Chromium Chelavite® (amino acid chelate), vitamin B12 (cyanocobalamin).